

**Health investment**

**Health investment effect**

**Effects of health management**

**Health investments associated with various effects**

**Key Points**

**Measures**

**Indicators relating to the status of health investment measures**

**Index of altered consciousness and behavior**

**Final health-related target indicators**

Periodic health examination  
Cancer screening  
Stress check

Health events

Development of health promotion system

Introduction of health checkup system

Measures against lifestyle-related diseases

Cancer

Smoking

Mental health

Overwork

Health information provision  
Physical fitness measurement  
Health guidance  
Secondary checkup

Promotion of cancer screening

Hold smoking cessation events

Self-care line care training  
High Stress Interview  
Reinstatement support system

Measures to reduce long working hours  
Workaholic checkup

Increase in the rate of action completion  
Increase in the rate of health guidance and secondary health checkups

Increase in cancer screening rates

Increase in event participation

Decrease in rate of mental illness and absence from work

Decrease in the number of people subjected to workaholic checkups

Decrease in the number of people with findings

Increasing health awareness

Decrease in the proportion of smokers

Raising awareness of self-care and line-care  
Improvement of work environment

Reducing Absenteeism

Reducing presenteeism

Improve work engagement

Increase employee satisfaction

A happy and fulfilling life for each of the colleagues we work with

Improve employee performance

